

# COREPSYCH

NEUROSCIENCE EVIDENCE CHANGES THINKING

## LAB TESTS AT COREPSYCH

DR. CHARLES PARKER

757.785.4963 – Patient Care: Tiffany Kazle

Email: [CorePsych.com/appointments](mailto:CorePsych.com/appointments)

### **Why Test – Psychiatric Treatment Failure | Comprehensive Diagnosis**

Treatment failure, assuming reasonable treatment participation, *always means we're missing specific biological details*. To approach human suffering *only* from the perspective of treatment options based only upon DSM 5 psychiatric and medications too often misses many points. Mind problems that don't respond well to medication treatments do strongly encourage more biomedical, more fundamental testing – better data to exactly measure brain and body challenges. At CorePsych we use several different diagnostic tools/labs to assess any possible associated biomedical pathology that may interfere with traditional medical interventions. These useful laboratory tests are all nationally approved by [FDA](#) & [CLIA](#) Laboratory certification.

Testing reveals underlying medical complexity, often on a molecular level - while not testing defaults treatment to a process of perpetual speculation. Guesswork is out. Data is in. At CorePsych our mission is simple: to improve both your diagnostic and treatment process with real numbers.

### **Mutual Expectations**

We fully expect additional testing to provide additional answers, or we wouldn't suggest them. Nothing is perfect, certainly not in medicine, and as a further means to encourage your search we *don't upsell any testing* in our CorePsych offices. Our team provides interpretation and interventions based upon your specific test results. Supplements in our office are optional, your choice. If they are indicated you can purchase them at our CoreNutrients Dispensary <http://corepsych.com/nutrients>. You may also request your lab data without using our interpretation - that's also not a problem. We're here to help any way we can. CoreNutrients provides considerable additional info and follow-up structure for the supplements we recommend.

Medical problems that modify brain function, neurologic activity, epigenetic change, immunity, skin, respiratory, gut and hormones - including adrenal, sex hormones and thyroid – often respond to more advanced nutrition intervention strategies – about 70% of the time within several weeks, 90% of the time if given more time.

For depression, anxiety, mood disorders, ADHD, developmental delays, Asperger's or Autism Spectrum, or any puzzling, chronic psychiatric condition these testing options provide additional insights for your underlying biomedical mind process. For an interesting interview with Dr. Walsh, an internationally acclaimed testing expert, listen here at CoreBrain Journal: <http://corebrainjournal.com/115>

**CorePsych How Details:** <http://corepsych.com/begin>

**To Schedule An Appointment** - Patient Care: <http://corepsych.com/appointments>

## Insurance Reimbursement – Ask Your Insurer To Confirm

**Often-Covered Codes:** \*BC-BS, \*\*Champus/Tricare, \*\*\*Medicare

1. For **IgG** Immunoglobulin G Food Sensitivities at *Great Plains*: \*/\*\*/\*\*  
*Blood*. To start, listen here: Why: <http://corebrainjournal.com/005> Dr. Osborne
  - Great Plains Labs Test: gluten, casein, eggs, yeast/candida \$219  
[http://www.greatplainslaboratory.com/home/eng/food\\_allergy\\_igg.asp](http://www.greatplainslaboratory.com/home/eng/food_allergy_igg.asp)
  - Video Explanations Connect IgG/IgE, immunity measures, treatment failure:  
<http://corepsych.com/mind-body-meds>
2. For **Walsh Protocols** Trace Elements and Pyrroles: *Direct Health Care Metabolic Panel* - \$120 \*/\*\*/\*\* and 296\$ if out of pocket. *Blood and Urine*. Detailed info at: <http://dhalab.com/core>
  - Videos & instructive posts on Walsh Protocols by Dr. William Walsh:  
<http://corepsych.com/walsh-resources>
  - PDF Brief Summary of Walsh book *Nutrient Power* in these useful 4 pages:  
<http://corepsych.com/walsh>
3. For **OATS** we use *Great Plains Laboratory* - \$299 \*/\*\*/\*\* *Urine*.
  - Video on Detailed Measurement with OATS: Organic Acid Testing:  
<http://vimeo.com/41993293>
  - Candida Test Results found on OATS Explained:  
<http://www.greatplainslaboratory.com/home/eng/candida.asp>
4. For **Toxins: Comprehensive Testing** - *Urine* - Webinar - The GPL-TOX –Woeller  
<https://vimeo.com/195044106> | Shaw Interview: <http://corebrainjournal.com/125>
5. For **TMA** [Tissue Mineral/Metals Analysis] *Trace Elements Labs: Hair*:  
References for the value of TMA: - \$51
  - Why? Dr. Malter explains: <http://corebrainjournal.com/026>
  - <http://www.traceelements.com/EducationalResources/HTMA.aspx>
6. For **Genetic Testing**: MTHFR, CYP450: <http://corepsych.com/gt> *Mouth swab* cost varies according to insurance support.
7. For **Neurotransmitters** [Neurotransmitter/NT References]: \*\*~ 200\$ *Urine*
  - Multiple References PDF: <http://corepsych.com/neurotransmitters-urine>
  - Urinary NT Testing *Labrix*: <http://corepsych.com/nt-testing>
8. For **Hormones**: *Labrix Clinical – Saliva*
  - Multiple references and examples: ~ Prices vary by test recommendations.  
<http://corepsych.com/hormone-testing>
9. **Yeast/Candida/Biofilm** Multiple Downloaded Information Resources
  - For 2 Yeast/Candida Questionnaires, Videos, Biofilm & *Candida Diet* Links:  
<http://corepsych.com/candida> | <http://corepsych.com/biofilm>
  - **PDF Transit Time Tool** Download For GI Function: <http://corepsych.com/ttt>

**CoreBrain Journal Multiple Interviews** Discuss the evolution of Measureable Data  
**Veterans:** <http://corebrainjournal.com/vets> **Teens:** <http://corebrainjournal.com/teen>

> **Download This Handout In PDF With Live Links** – Or Share These Instructions:  
<http://corepsych.com/tests>