

# CorePsych

Neuroscience Evidence Changes Thinking

## Lab Tests At CorePsych

Dr. Charles Parker

757.671.1776

[CorePsych.com/services](http://CorePsych.com/services) | [CorePsych.com/appointments](http://CorePsych.com/appointments)

### **Why Test - Treatment Failure | Complete Diagnosis**

Treatment failure, assuming reasonable treatment participation, *always means we're missing specific biological details*. To approach human suffering *only* from the perspective of treatment options based only upon DSM 5 psychiatric and medications too often misses many points. Mind problems that don't respond well to medication treatments do strongly encourage more biomedical, more fundamental testing – better data to exactly measure brain and body challenges. At *CorePsych* we use several different diagnostic tools/labs to assess any possible associated biomedical pathology that may interfere with traditional medical interventions. These useful laboratory tests are all approved by [FDA](#) & [CLIA](#) Laboratory certification.

Testing reveals underlying medical complexity, often on a molecular level - while not testing defaults treatment to a process of perpetual speculation. Guesswork is out. Data is in. At *CorePsych* our mission is simple: to improve both your diagnostic and treatment process with real numbers.

### **Mutual Expectations**

We fully expect additional testing to provide additional answers, or we wouldn't suggest them. Nothing is perfect, certainly not in medicine, and as a further means to encourage your search we *don't upsell any testing* in our *CorePsych* offices. Our team earns a living by interpretation and interventions based upon your testing results. Supplements in our office are optional. If they are indicated you can purchase them from our office or the company of your choice - or even choose to disregard the data we present. You may request your data without using our interpretation - that's also not a problem. We're here to help any way we can.

Problems that modify brain function, neurologic activity, epigenetic change, immunity, skin, respiratory, gut and hormones - including adrenal, sex hormones and thyroid – often respond to more advanced intervention strategies – about 70% of the time within several weeks, 90% of the time if given more time.

For depression, anxiety, mood disorders, ADHD, developmental delays, Asperger's or Autism Spectrum, or any puzzling, chronic psychiatric condition these testing options provide additional insights for your underlying biomedical mind process. For an interesting interview with an internationally acclaimed testing expert go to this page at CoreBrain Journal: <http://corebrainjournal.com/025>

**How Details:** For any *CorePsych* Inquiries, <http://corepsych.com/begin>  
To Schedule An Appointment - Patient Care: <http://corepsych.com/appointments>

## **Insurance Reimbursement – Ask Your Insurer To Confirm**

Often Covered Code: \*BC-BS, \*\*Champus/Tricare, \*\*\*Medicare

For **IgG** Immunoglobulin G Food Sensitivities at *Great Plains*: \*/\*\*/\*\*

*Blood*. Best to start here: Why: <http://corebrainjournal.com/005> Dr. Osborne

- Great Plains Labs Test: gluten, casein, eggs, yeast/candida \$219  
[http://www.greatplainslaboratory.com/home/eng/food\\_allergy\\_igg.asp](http://www.greatplainslaboratory.com/home/eng/food_allergy_igg.asp)
- Video Explanations Connect IgG/IgE, immunity measures, treatment failure:  
<http://corepsych.com/mind-body-meds>

For **Walsh Protocols** Trace Elements and Pyrroles: *Direct Health Care Metabolic Panel* - \$120 \*/\*\*/\*\* and 296\$ if out of pocket. *Blood and Urine*.

- Videos & instructive posts by Dr. William Walsh: All three Episodes  
<http://corebrainjournal.com/025> - /034 and /042

For **OATS** we use *Great Plains Laboratory* - \$299 \*/\*\*/\*\* *Urine*.

- Video on Detailed Measurement with OATS: Organic Acid Testing:  
<http://vimeo.com/41993293>

For **TMA** [Tissue Mineral/Metals Analysis] *Trace Elements Labs: Hair*:

References for the value of TMA: - \$51

- Why: Dr. Malter: <http://corebrainjournal.com/026>
- <http://www.traceelements.com/EducationalResources/HTMA.aspx>

For **Genetic Testing**: MTHFR, CYP450, et al: <http://corepsych.com/gt> *Mouth swab*

For **Neurotransmitters** [Neurotransmitter/NT References]: \*\*~ 200\$ *Urine*

- Multiple References PDF: <http://corepsych.com/neurotransmitters-urine>
- Urinary NT Testing *Labrix*: <http://corepsych.com/nt-testing>

For **Hormones**: *Labrix Clinical – Saliva*

- Multiple references and examples: ~ Prices vary by test recommendations.  
<http://corepsych.com/hormone-testing>

**Yeast/Candida/Biofilm** Multiple Information Resources

- For 2 Yeast/Candida Questionnaires, Videos, Biofilm & *Candida Diet* Links:  
<http://corepsych.com/candida> | <http://corepsych.com/biofilm>
- **PDF Transit Time Tool** – To Evaluate GI Function: <http://corepsych.com/ttt>

**Toxins: Comprehensive Testing** - *Urine* - Webinar - The GPL-TOX Profile – “Case Studies of Environmental Toxicity” by Dr. Woeller <https://vimeo.com/195044106>

**CoreBrain Journal Interviews** With Leading Testing Authorities

**Dr. William Walsh** – Missed Details, 3 Interviews: <http://corebrainjournal.com/025>

**Dr. Robert Hedaya** – Georgetown Psychiatrist: <http://corebrainjournal.com/007>

**Dr. Lawrence Afrin** – Immunity Measures: <http://corebrainjournal.com/028>

**Dr. Rachel Fresco** – Candida and Biocidin: <http://corebrainjournal.com/097>

> **This Handout In PDF With Links** – To Share: <http://corepsych.com/tests>